



# June 2010

## Van Dyke Elementary & Head Start Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Memorial Day No School	<b>1</b> Hot dog on bun Mustard & ketchup Oven fries Sliced baked apples Choice of milk Graham crackers	<b>2</b> Baked pizza w/ pepperoni Tossed salad w/ tomatoes Fresh fruit Choice of milk Graham crackers	<b>3</b> Sliced turkey in pita, lettuce, tomato, & cheese Fresh orange Baby carrots Choice of milk Graham crackers	<b>4</b> BBQ beef rib sandwich on bun Spanish rice Peas & carrots Lunch roll Choice of milk Graham crackers
<b>7</b> Beef nuggets Oven fries Steamed spinach Applesauce Choice of milk Graham crackers	<b>8</b> Stuffed bread sticks w/ marinara sauce Tossed salad w/ tomato Fresh pear Choice of milk Graham crackers	<b>9</b> Baked pizza w/ pepperoni Tossed salad w/ tomatoes Fresh fruit Choice of milk Graham crackers	<b>10</b> Baked spaghetti w/ meat sauce Tossed spinach salad w/ tomato Bread sticks Choice of milk Graham crackers	<b>11</b> ½ Day No Lunch
<b>14</b> Chicken nuggets w/ roll Au gratin potatoes Steamed carrots Baked apple slices Choice of milk Graham crackers	<b>15</b> Cheeseburger on bun Ketchup & mustard Baked beans Mandarin orange Choice of milk Graham crackers	<b>16</b> Baked pizza w/ pepperoni Tossed salad w/ tomatoes Fresh fruit Choice of milk Graham crackers	<b>17</b> K-12 Records Day Last Pupil Day No Pupils in PM	<b>18</b> Record's Day Last Teacher Day (No Pupils)
<b>21</b> Summer Food Service program starts on 6/21/2010 and ends on 8/21/2010 at Lincoln Middle School cafeteria	<b>22</b> Free Meals will at Lincoln Middle School's cafeteria Breakfast 8 am to 9 am Lunch 11 am to 1 pm	<b>23</b> Summer Food Service program starts on 6/21/2010 and ends on 8/21/2010 at Lincoln Middle School cafeteria	<b>24</b> Free Meals will at Lincoln Middle School's cafeteria Breakfast 8 am to 9 am Lunch 11 am to 1 pm	<b>25</b> Summer Food Service program starts on 6/21/2010 and ends on 8/21/2010 at Lincoln Middle School cafeteria
<b>28</b>	<b>29</b>	<b>30</b>		

### News

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Please contact  
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